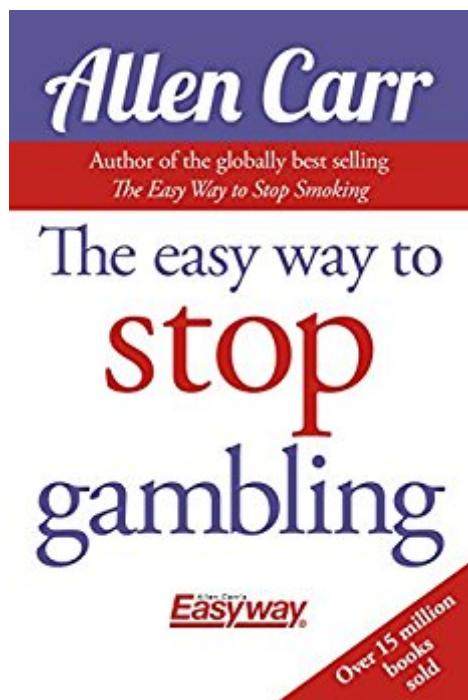


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# The Easy Way To Stop Gambling: Take Control Of Your Life



## **Synopsis**

Allen Carr's Easy Way has helped over 14 million people to date and counting! His revolutionary approach to the problem of addiction allows addicts to take back control of their lives. Here in this brand new book the renowned Easy Way method is applied to the subject of gambling. Most gamblers are convinced that it's almost impossible to stop gambling and free themselves from debt; they also feel unable to solve the widespread problems gambling causes. The wonderful news is that this book shows you how to stop immediately, painlessly and permanently. This book understands gamblers and how they think and, without being judgemental or patronising, takes them step-by-step through the process of how to free themselves of the gambling addiction. It demonstrates how gamblers fall into the trap of gambling, the psychology behind being addicted to risk and how to quit gambling once and for all.

## **Book Information**

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Card Games > Gambling

## **Customer Reviews**

This book honestly saved my life and my bank account and it's the only book you will ever need!

Thank GOD for Allen Carr and the tips in this book! I HIGHLY recommend it. Trust me... Buy this book because your bank account will thank me later! Allen Carr opens your mind and helps free you from the chains of your addiction. If you want to quit, you will; however you must keep an open mind and use the tips in this book. It couldn't have been any easier and I wish I would have read this book 10 years ago!

Best one ever, give it a try, you will be surprised.

I can't believe it worked. I read it and have not gambled for 2 months. I read book every so often to help me be a non gambled. Recommend this book.

great

What I have read is AWESUM. Will get back to it soon.

GOOD

This is a good, helpful, practical and easy to read book but in the end it is still up to the person to want to change. If they don't want to change wholeheartedly it won't be as beneficial.

there is no easy way..i find reading these types of books only creates a higher desire to go to the casino..

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